

The Nurturing Nest Family Child Care Goals for Activities

The children attending my family child care program will be experiencing and learning many things as they play. As I observe and think about the children in my care, I can set goals appropriate for each one of them. Here are some of the goals that I use when planning the curriculum.

Goals for Cognitive Development:

- To recognize objects, people, and self.
- To imitate actions of others.
- To develop decision-making capabilities.
- To develop problem-solving skills.
- To develop language skills.
- To develop planning skills.
- To develop math skills such as matching, pairing, and classification.
- To enhance creativity.
- To begin to understand scientific and physical concepts and math concepts such as gravity, cause and effect, balance, size, shape, color, volume, and measurement.

Goals for Emotional Development:

- To be able to express feelings.
- To develop a concept of self.
- To develop self-control.
- To develop self-understanding.
- To develop a positive self-image.
- To develop the ability to stick with a task to completion.

Goals for Social Development:

- To acquire social skills.
- To cooperate with others.
- To respect materials.
- To respect other people.
- To appreciate and value differences.

Goals for Physical Development:

- To refine sensory abilities.
- To develop large muscle abilities.
- To develop small muscle abilities.
- To develop eye-hand coordination.
- To refine visual discrimination.
- To refine listening skills.
- To establish reading readiness skills.